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# HIPAA and Medical Privacy Laws

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# FOCUS ON CERTAIN Medical Records Privacy Laws

- HIPAA: Privacy Rule, Security Rule, Enforcement Rule, Breach Notification Rule
- Texas Medical Records Privacy Act, Chapter 181 Texas Health & Safety Code
- Physician-Patient Communications, Chapter 159 Texas Occupations Code
- Mental Health Records, Chapter 611 Texas Health & Safety Code

# HEALTH INSURANCE PORTABILITY AND ACCOUNTABILITY ACT

- The Health Insurance Portability and Accountability Act (HIPAA) 45 C.F.R. Parts 160, 162, 164
- The HIPAA Privacy Rule published in 2000 by U.S. Department of Health & Human Services (HHS)
- First set of national standards for the protection of certain health information
- 2013 adoption by HHS of Omnibus Rule: Privacy Rule, Security Rule, Enforcement Rule, Breach Notification Rule

# WHAT INFORMATION DOES THE HIPAA PRIVACY RULE PROTECT?

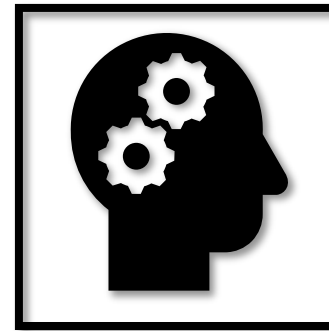
- Protected Health Information (PHI)
- All “individually identifiable health information” held or transmitted by a “covered entity” or its “business associate” in any form or media, whether electronic, paper or oral
- Information relating to a person’s past, present or future physical or mental condition, the provision of health care to that person, or the payment for the provision of health care
- Can the information be traced back to a person?

# EXAMPLES OF PHI

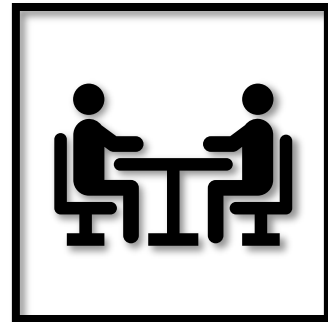
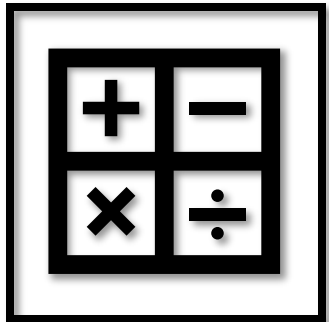
- Medical records
- Dental records
- Psychological evaluations
- Health care payments
- Lab reports

# WHO MUST SAFEGUARD HIPAA PROTECTED HEALTH INFORMATION?

## Covered Entities



## Business Associates of Covered Entities



# HIPAA COVERED ENTITIES

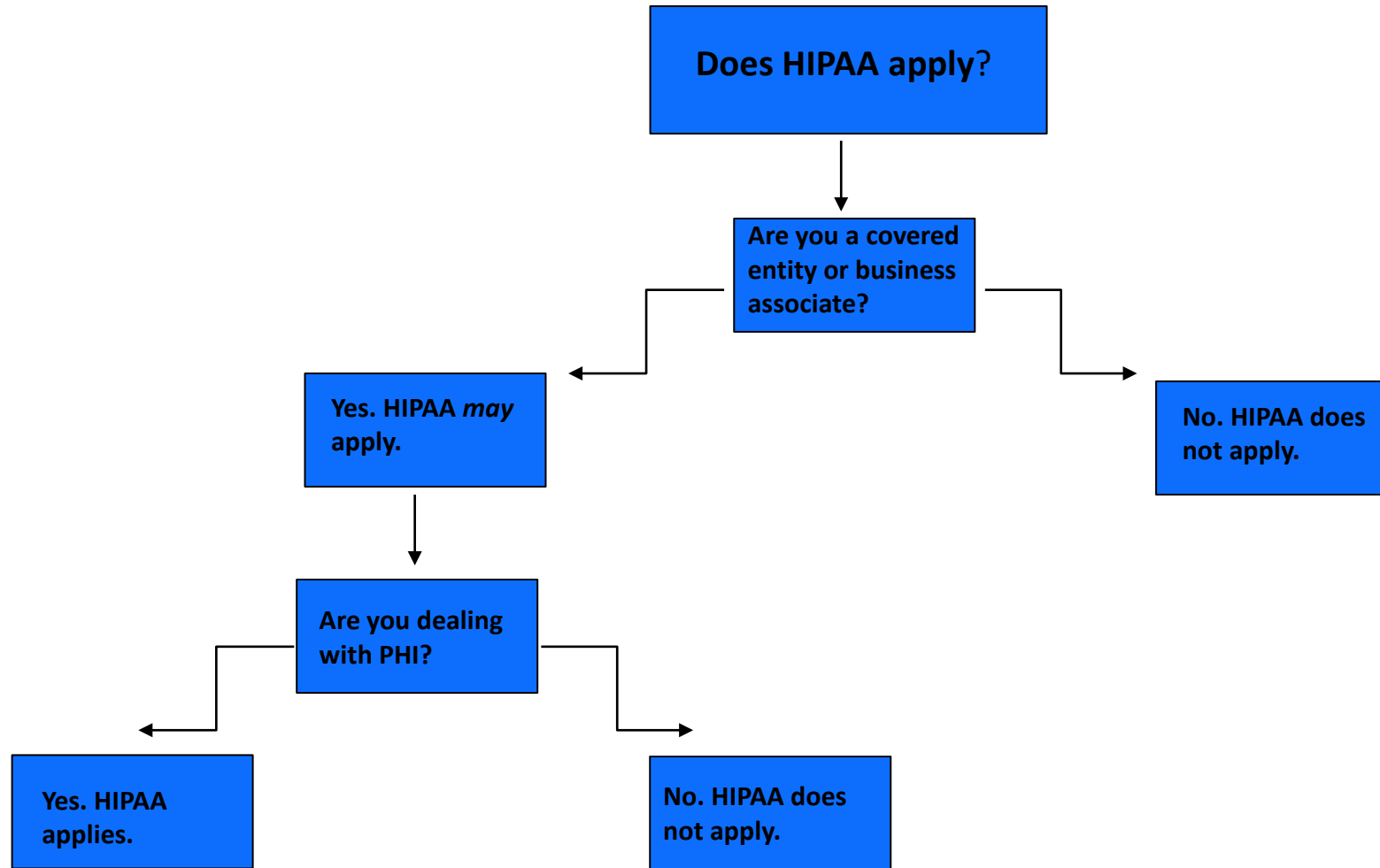
- Covered Entities are individuals or organizations that are subject to the HIPAA Privacy Rule
- Health Plans
- Health Care Clearinghouses
- Health Care Providers

# HIPAA BUSINESS ASSOCIATES

- A person or entity, outside the covered entity's workforce, performing services for the covered entity that involve the use or disclosure of PHI
- Examples: accounting, legal and consulting services
- The OAG is the business associate of state agencies that are HIPAA covered entities such as HHSC, DSHS, UTMB, etc.



# DOES HIPAA APPLY?



# WHO IS NOT REQUIRED TO COMPLY WITH THE HIPAA PRIVACY RULE?

- Employers
- Most state and local police or other law enforcement agencies
- Some state agencies like child protective services
- Most schools and school districts

# HIPAA GENERAL RULE

- PHI may not be used or disclosed except as the HIPAA Privacy Rule permits or requires

# EXAMPLES OF PERMISSIBLE DISCLOSURES UNDER HIPAA

- As required by law
- Pursuant to a written HIPAA compliant authorization
- Pursuant to a HIPAA Business Associate Agreement
- To a health oversight agency for oversight activities authorized by law
- In judicial/administrative proceedings pursuant to a HIPAA compliant protective order
- HIPAA compliant de-identification

# 18 IDENTIFIERS

- Names
- Geographic subdivisions smaller than a state
- All elements of date (except year)
- Telephone numbers
- Vehicle identifiers and serial numbers
- Fax numbers
- Device identifiers and serial numbers
- Email addresses
- Web Universal Resource Locators (URLs)
- Social security numbers
- IP addresses
- Medical record numbers
- Biometric identifiers
- Health plan beneficiary numbers
- Full face photos
- Account numbers
- Any other unique identifying number, characteristic or code
- Certificate/license number

# REMOVAL OF IDENTIFIERS

PATIENT		FACILITY	
			M.D.
DOB		T	
AGE	46 yrs	F	
SEX	Female		
PRN			

## Patient identifying details and demographics

FIRST NAME		SEX	Female	ETHNICITY	Hispanic or Latino
MIDDLE NAME	-	DATE OF BIRTH		PREF. LANGUAGE	English
LAST NAME		DATE OF DEATH	-	RACE	White
SSN		PRN		STATUS	Active patient

## CONTACT INFORMATION

ADDRESS LINE 1		CONTACT BY	Mobile Phone
		EMAIL	
ADDRESS LINE 2	-		
CITY		HOME PHONE	-
STATE		MOBILE PHONE	
ZIP CODE		OFFICE PHONE	-
		OFFICE EXTENSION	-

## FAMILY INFORMATION

NEXT OF KIN		PATIENT'S MOTHER'S	-
RELATION TO PATIENT	Friend	MAIDEN NAME	
PHONE		Service Date(s):	06/15/10-06/18/10
ADDRESS	- North Wilkesboro NC 28659	Account Number:	24601

# HIPAA “MINIMUM NECESSARY” RULE

Even when a use or disclosure of PHI is permitted by HIPAA, only disclose the “minimum necessary” to accomplish the intended purpose of the use or disclosure.

# 2019 HIPAA BREACH ENFORCEMENT ACTION

- Sentara Hospitals (12 acute care hospitals with more than 300 sites throughout Virginia and North Carolina)
- Sentara mailed 577 patients' PHI to the wrong addresses.
- Sentara only reported the breach as affecting 8 individuals
- \$2.175 million fine and adoption of corrective action plan that includes 2 years of monitoring



# Tex. Health & Safety Code Chapter 181

## TEXAS MEDICAL RECORDS PRIVACY ACT COVERED ENTITIES

- Those who for commercial, financial, or professional gain, monetary fees, or dues, or on a cooperative, nonprofit, or pro bono basis, engage in the practice of assembling, collecting, analyzing, using, evaluating, storing, or transmitting protected health information.
- The term “covered entity” includes a business associate, health care payer, governmental unit, information or computer management entity, school, health researcher, health care facility, clinic, health care provider, or person who maintains an Internet site.
- **Those who come into possession of protected health information**
- Those who obtain or store protected health information
- Employees, agents, or contractors of a covered entity who creates, receives, obtains, maintains, uses, or transmits protected health information.

## Tex. Occ. Code Chapter 159

### PHYSICIAN-PATIENT COMMUNICATION

- “Patient” means a person who, to receive medical care, consults with or is seen by a physician
- “Medical record” does not include a billing record
- “Billing record” means a record that describes charges for services provided to a patient by a physician

## WHAT INFORMATION IS PROTECTED BY TEXAS OCCUPATION CODE CHAPTER 159?

- Communications between a physician and a patient in connection with professional services rendered by the physician to the patient
- A record of the identity, diagnosis, evaluation or treatment of a patient by a physician
- Such communications and records are confidential and privileged

## CAN COMMUNICATIONS AND RECORDS COVERED BY CHAPTER 159 BE DISCLOSED IN CERTAIN INSTANCES?

- The privilege of confidentiality conferred by Chapter 159 may be claimed by the patient or by the physician on behalf of the patient
- Exceptions to the privilege of confidentiality exist in certain court or administrative proceedings (list of exceptions at §159.003)
- Additional exceptions to the privilege exist (list at §159.004)

# Health & Safety Code Chapter 611

## MENTAL HEALTH RECORDS

- “Patient” means a person who consults with or is interviewed by a professional for diagnosis, evaluation or treatment of any mental or emotional condition or disorder, including alcoholism or drug addiction
- “Professional” means a person licensed to practice medicine in any state or nation; a person licensed or certified by Texas to diagnose, evaluate or treat any mental or emotional condition or disorder, or a person the patient reasonably believes is authorized, licensed or certified to provide such services

## WHAT INFORMATION IS PROTECTED BY CHAPTER 611 TEXAS HEALTH & SAFETY CODE?

- Communications between a patient and a professional
- Records of the identity, diagnosis, evaluation or treatment of a patient that are created or maintained by a professional
- Such communications and records are confidential and privileged

# CAN COMMUNICATIONS AND RECORDS COVERED BY CHAPTER 611 BE DISCLOSED IN CERTAIN SITUATIONS?

- The privilege of confidentiality may be claimed by the patient, certain persons acting on behalf of the patient and a professional acting on behalf of the patient
- Exceptions which allow disclosure exist in 11 specific circumstances (list at § 611.004)

# HOW TO RECONCILE DIFFERING PROVISIONS OF MEDICAL PRIVACY LAWS

- General rule: HIPAA Privacy Rule preempts a contrary state law that provides less stringent privacy protections



# CAUTION: RECOGNIZING INFORMATION COVERED BY MEDICAL PRIVACY LAWS

- Identifies an individual
- Related to health
- Documents evaluation, testing, diagnosis, treatment, consultation
- Examples: Psychotherapy notes, medical history, X-rays, test results, dental records, etc.



# PRACTICAL TIPS IN LITIGATION

- Seek agreement to enter a protective order as soon as possible in a case in which use of sensitive personal information is foreseeable
- Sanitize pleadings to avoid inadvertent disclosure of sensitive personal information
- HIPAA provides two de-identification methods: 1) a formal determination by a qualified expert; or 2) the removal of specified individual identifiers, plus the absence of actual knowledge that the remaining information could be used alone or in combination with other information to identify the individual.
- 18 specific individual identifiers must be removed
- Information may be useless after HIPAA de-identification
- File documents with the court under seal, if necessary

# TAKEAWAY MESSAGE

- Golden Rule: Think about how you would want the information treated if it were your information